

# Allergic Rhinitis Symptom Questionnaire

**Nasacort® Allergy 24HR is recommended for patients with moderate to severe allergic rhinitis. But not everyone knows where they fall on the severity scale. This brief questionnaire can help you determine the severity of your allergy symptoms, so pharmacists can more readily recommend the correct course of treatment.**

**1. How troublesome are your nasal allergy symptoms (stuffy nose, runny nose, sneezing, itchy nose)?**

- a) Not at all troublesome—You barely notice the symptoms
- b) Mildly troublesome—They're easily tolerable
- c) Moderately troublesome—Symptoms are hard to tolerate
- d) Severely troublesome—Symptoms are so bad it's hard to function

*If your patient answered C or D, he or she has moderate to severe allergic rhinitis.  
If your patient answered A or B, then continue with the following questions:*

**2. Do your allergy symptoms interfere with sleep?**

- Yes
- No

**3. Do allergies interfere with your ability to go to school or work at your job?**

- Yes
- No

**4. Are your nasal allergies keeping you from doing the things you love, like activities or sports?**

- Yes
- No

*If a patient answered "YES" to any of these questions, he or she has moderate to severe allergic rhinitis, and may be an appropriate patient for Nasacort Allergy 24HR.*

*If a patient answered "NO" to all of these questions, then he or she has mild allergic rhinitis, and should consider an antihistamine such as Allegra® Allergy to treat his or her symptoms.*

